



CHARLOTTE  
GASTROENTEROLOGY &  
HEPATOLOGY, P.L.L.C.

NuLYTELY-COLONOSCOPY PREP

Patient: \_\_\_\_\_ Doctor: \_\_\_\_\_

Location: \_\_\_\_\_ Arrival time: \_\_\_\_\_

Date of Procedure: \_\_\_\_\_

If you normally take Coumadin, Plavix, Xarelto, Effient, Brilinta, or Eliquis, then **please contact the prescribing physician to make sure that it is okay to stop them for the recommended number of days:** If you take Coumadin, Plavix, Effient or Brilinta stop 5 days prior to colonoscopy. If you take Xarelto or Eliquis stop 2 days prior to colonoscopy. If your prescribing doctor says that it is not okay to stop, please contact our office. Do not stop aspirin for the procedure.

**FOUR DAYS BEFORE PROCEDURE:** Discontinue eating any CORN or TOMATOES, POTATO CHIPS, NUTS, POPCORN or any FRUIT/VEGETABLE with SMALL SEEDS in it. Also avoid IRON TABLETS (unless advised by physician) and OIL-BASED SUPPLEMENTS (fish oil, etc.).

**ONE DAY BEFORE PROCEDURE:** Clear liquids such as broth or bouillon, Jell-O (except red), coffee (no creamers, even non-dairy), tea, clear fruit juices without pulp, and clear soft drinks are allowed. **NO MILK OR MILK PRODUCTS. THIS INCLUDES SLIM FAST, ENSURE AND PROTEIN DRINKS.**

**4:00 P.M. Take 2 Bisacodyl tablets or DULCOLAX (over the counter) with water.**  
Select your flavor of choice and add water to the top line of disposable container. Apply cap and shake until dissolved. Place in refrigerator.

**5:00 P.M. Drink at least HALF of the solution.**  
Drink one 8-ounce glass every ten minutes

The **morning** of the procedure at least **\*\*6 HOURS\*\*** prior: Drink the remaining portion of the solution. The last glass must be completed at least 4 hours prior to your procedure time.

*YOU MAY HAVE CLEAR LIQUIDS UP TO 4 HOURS PRIOR TO YOUR PROCEDURE.*

IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM THE MORNING OF THE PROCEDURE WITH A SMALL SIP OF WATER.

**If you have any questions, please call 704-377-4009.**

**If you need to cancel or reschedule an IN-OFFICE procedure, please notify us within three business days of a cancelation, otherwise a \$100.00 fee will be assessed.**

**Someone at least 18 years of age or older must bring you to the procedure, remain at the facility during your procedure, and take you home after the procedure. Otherwise your procedure will be canceled.**