



CHARLOTTE
GASTROENTEROLOGY &
HEPATOLOGY, P.L.L.C.

MOVIPREP SPLIT DOSE PREP

Patient: _____ Doctor: _____

Hospital: _____ Arrival time: _____

Date of Procedure: _____

If you normally take Coumadin, Plavix, Xarelto, Effient, Brilinta, or Eliquis, then **please contact the prescribing physician to make sure that it is okay to stop them for the recommended number of days:** If you take Coumadin, Plavix, Effient or Brilinta stop 5 days prior to colonoscopy. If you take Xarelto or Eliquis stop 2 days prior to colonoscopy. If your prescribing doctor says that it is not okay to stop, please contact our office. Do not stop aspirin for the procedure.

FOUR DAYS BEFORE PROCEDURE: Discontinue eating any CORN or TOMATOES, POTATO CHIPS, NUTS, POPCORN or any FRUIT/VEGETABLE with SMALL SEEDS in it. Also avoid IRON TABLETS (unless advised by physician) and OIL-BASED SUPPLEMENTS (Fish oil, etc.).

ONE DAY BEFORE PROCEDURE: DO NOT EAT ANY SOLID FOOD. You may have clear liquids only, such as broth or bouillon. Jell-O (except red), coffee (no creamers, even non-dairy), tea, clear fruit juices without pulp, and clear soft drinks are allowed. **NO MILK OR MILK PRODUCTS. THIS INCLUDES SLIM FAST, ENSURE AND PROTEIN DRINKS.**

5:00 P.M. Empty one pouch A and one pouch B into disposable container. Add lukewarm water to top line of container. Mix to dissolve and refrigerate.

6:00 P.M. Drink MoviPrep solution. The container is divided by four marks. Every fifteen minutes, drink solution down to next mark until empty. Follow with two 8-ounce glasses of water or clear juice.

NIGHT Before PROCEDURE: Empty one pouch A and one pouch B into disposable container. Add lukewarm water to top line of container. Mix to dissolve and refrigerate.

SIX HOURS BEFORE LEAVING HOME: Drink MoviPrep solution. Every fifteen minutes, drink solution down to next mark until empty. Follow with two 8-ounce glasses of water or clear juice.

NOTE: Be sure to complete your prescribed dosing regimen as directed by your physician. Be sure to drink plenty of fluids. You must complete all steps.

NOTHING BY MOUTH 4 HOURS PRIOR TO PROCEDURE

IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU CAN TAKE THEM THE MORNING OF THE PROCEDURE WITH A SMALL SIP OF WATER.

If you need to cancel or reschedule an IN-OFFICE procedure, please notify us within three business days of a cancellation, otherwise a \$100 fee will be assessed.

Someone must bring you to the procedure, remain at the facility during your procedure, and take you home after the procedure. Otherwise your procedure will be canceled.