

# **NuLYTELY Colonoscopy Prep**

Doctor Patient \_\_\_\_\_\_

Location \_\_\_\_\_ Arrival Time \_\_\_\_\_ AM PM

#### Date of Procedure

#### **MEDICATION:**

If you normally take the following medications, please contact the prescribing physician to make sure it is okay to stop them for the recommended number of days.\* If your prescribing doctor says that it is not okay to stop, please contact our office. Do not stop aspirin for the procedure.

FOUR (4) DAY	<b>YS BEFORE</b>	<b>PROCEDURE:</b>
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Discontinue eating any corn or tomatoes, potato chips, nuts, popcorn, or any fruit/vegetable with small seeds in it. Also avoid iron tablets (unless advised by a physician) and oil-based supplements (fish oil, etc.).

Start clear liquid diet all day such as broth or bouillon, Jell-O (except red or

ers), tea, clear fruit juice without pulp such as white grape or apple juice

you drink plenty of clear liquids throughout the day.

and clear soda (Sprite, 7-Up, ginger ale, etc.). You may also have Gatorade, popsicles (except red or purple) and lemonade without pulp. No milk or milk

products. This includes SlimFast, Ensure and protein drinks. Please make sure

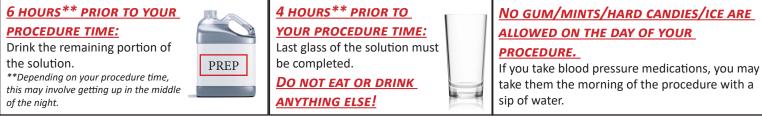
purple), coffee (black or with sugar, but no creamers, even non-dairy cream-

### **ONE (1) DAY BEFORE PROCEDURE:**

**Recommended Days to Stop** Medication **Prior to Procedure\*** Coumadin, Plavix, 5 days Effient, Brilinta Xarelto, Eliquis 2 days Phentermine 14 days

## **AFTERNOON BEFORE PROCEDURE:**

#### Take 2 Bisacodyl tablets or DULCOLAX Select NuLYTELY flavor of choice. Add water to the top line 4:00 PM (over the counter) with water. of the disposable container. Apply cap and shake until dissolved. Place in refrigerator. Fill Line Dulcelax PREP $P_{ACR}$ Drink HALF of the solution by having one (1) 8-ounce glass every 15-20 minutes. 5:00 PM PREP 5:15-5:20 + 15 - 20+ 15 - 20+ 15 - 20+ 15 - 20+ 15 - 20+ 15-20 8 oz. =50% mins. mins. mins. mins. mins. pm mins. THE MORNING OF YOUR PROCEDURE:



Someone at least 18 years of age or older must bring you to the procedure, remain at the facility during your procedure and take you home afterwards. Otherwise, your procedure will be canceled. If you have any questions, please call 704-377-4009.