



CHARLOTTE GASTROENTEROLOGY & HEPATOLOGY

EGD (Upper Endoscopy) Prep

Patient: _____ Doctor: _____

Location: _____ Date of Procedure: _____ Arrival Time: _____

Please Note: These instructions are for patients who are having an EGD (Upper Endoscopy) only. If you are also having a colonoscopy, please follow the colonoscopy prep instructions instead of the instructions below.

If applicable, for 5 days prior to procedure do not take Coumadin or Plavix. If you normally take Coumadin or Plavix, please contact the prescribing physician to make sure that it is okay to stop them for 5 days. If it is not okay, please contact our office. Do not stop aspirin for the procedure. If you take Phentermine, please stop 14 days prior to the procedure.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE EVENING BEFORE YOUR PROCEDURE.

THE MORNING OF YOUR PROCEDURE, you may have small sips of water up until 2 hours before your procedure.

No gum/mints/hard candies are allowed on the day of your procedure.

Blood pressure and heart medications may be taken the morning of your test with a small sip of water.

Someone at least 18 years of age must bring you to the procedure, remain at the facility during your procedure, and take you home after the procedure. Otherwise, your procedure will be canceled.

If you have any questions, please call (704) 377-4009.

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