

Patient _____ Doctor _____

Location _____ Date _____ Procedure Time _____ AM/PM

Arrival Time _____ AM/PM

****Continue to hold medications as previously instructed until further notice****

Someone at least 18 years of age or older must bring you to the procedure, remain at the facility during your procedure and take you home afterwards. Otherwise, your procedure will be canceled. If you have any questions, please call 704-377-4009.

Today's procedure was incomplete because there was still stool in your colon. You will need to drink additional laxative solution to clean your colon. It is recommended you drink the entire solution for the most effective cleansing. **Read these instructions completely before beginning the preparation!**

PURCHASE AT ANY PHARMACY (NO PRESCRIPTION REQUIRED):

- Miralax/Glycolax-one (1) 238-gram bottle
- Gatorade-64 ounces (not red or purple)

6 pm today:

Pour the bottle of MiraLAX® and 64 ounces of Gatorade into a large pitcher and mix well until MiraLAX® is completely dissolved. Drink one (1) 8-ounce glass every 10-15 minutes until HALF of the mixture is gone.

****If you experience nausea, slow down the pace of drinking or take a short break, then resume drinking. It is important to continue drinking clear liquids until bedtime****

6 hours before your procedure time: Drink the remaining HALF of the prep solution until all is gone. **This should be completed within 4 hours of procedure start time.**

Please Note: Depending on your procedure time, taking the second dose of MIRALAX may involve getting up in the middle of the night.

Do not eat or drink anything 4 hours prior to your procedure time. No gum/mints/hard candies/ice on the day of your procedure.

If you take blood pressure medication, you can take it the morning of your procedure with a sip of water.